# Online information for common parenting concerns

#### School refusal

· Women and Children's Health Network: www.cyh.com

School refusal and truancy (select 'Parenting and child health', then 'Emotions and behaviour' links)

> No school please (select 'Kids health', then 'Your school' links)

#### Parent or carer separation

 Parenting SA: www.parenting.sa.gov.au/pegs

After the break-up (select 'General parenting PEGs' link)

· Women and Children's Health Network: www.cyh.com

Family break-up (select 'Parenting and child health', then 'Family and relationships' links)

Parenting arrangements after separation (select 'Parenting and child health', then 'Family and relationships' links)

## Grief, loss and crisis

 Parenting SA: www.parenting.sa.gov.au/pegs

Dealing with a crisis (select 'General parenting PEGs' link)

• Women and Children's Health Network: www.cyh.com

Grief and loss (select 'Parenting and child health', then 'Emotions and behaviour' links)

# **Difficulties** going to bed

 Women and Children's Health Network: www.cvh.com

Sleep - 3 years to 5 years (select 'Parenting and child health', then 'Growth and development' links)

Fears - young children (select 'Parenting and child health', then 'Emotions and behaviour' links)

# Friendship difficulties

• Raising Children Network: www.raisingchildren.net.au

Child development: 6-9 years (select 'School age'. then 'Development' links)

· Women and Children's Health Network: www.cyh.com

> Feeling lonely (select 'Kids health', then 'Your feelings' links)

# Sibling conflict

· Australian Childhood Foundation:

www.kidscount.com.au/english

Brothers and sisters (select 'Responding to children' link)

#### **Bed-wetting**

· Parenting SA: www.parenting.sa.gov.au/pegs

Bedwettina (select 'General parenting PEGs' link)

· Raising Children Network: www.raisingchildren.net.au

Bedwettina (select 'School age', then 'Sleep' links)

· Women and Children's Health Network: www.cyh.com

> Bedwettina (select 'Parenting and child health', then 'Growth and development' links)

## Siblings and disability

· Association for Children with a Disability: www.acd.org.au/siblings

> Sib factsheet for parents (select 'Sib fact sheets' link)

· Parenting SA: www.parenting.sa.gov.au/pegs

Disability - brothers and sisters (select 'General parenting PEGs' link)

· Siblings Australia: www.siblingsaustralia.org.au

> Pages for parents and for young siblings

### **Additional** national websites

- Association for Children with a Disability: www.acd.org.au
- Children of Parents with a Mental Illness (COPMI): www.copmi.net.au
  - Family Relationships Online: www.familyrelationships.gov.au
    - · Kids Helpline: www.kidshelp.com.au
    - Relationships Australia: www.relationships.com.au